



VALIDATION The Feil Method

Breaking through the Barrier of Dementia

Level 1

CERTIFIED VALIDATION WORKER COURSE

Nov. 2009 – July 2010

**Five 2-day sessions
9:00 a.m.– 5:00 p.m.
Elder Homestead
11400 4th St. No
Minnetonka MN 55343**

This is what I was looking for as a way to communicate with older people with dementia. The professional skills I have learned are immeasurable! For anyone who wants to make a deep and genuine connection with those we serve, this course is for you.
Tiffany B., Assisted Living Coordinator

What is validation? Validation, created by Naomi Feil, is a tested method of communication, with elderly disoriented people that helps reduce stress, and enhance dignity and happiness. It is accepting the feelings of another person and reaching out to them with empathy.

Who needs validation? Individuals diagnosed with Alzheimer's and related disorders who are disoriented in the later stages of life.

Instructor: Steve Klotz, CVT, Validation Director, Country Meadows Retirement Communities, Hershey, PA

From this Validation Worker Course you will be able to:

- be a truly empathetic listener for the elderly and anyone in your life
- be non-judgmental and build a trusting relationship with the disoriented elderly-- bringing them peace, connectedness, and an improved quality of life
- identify the four phases of disorientation and the basic human needs experienced by the elderly
- use the Validation techniques at a basic level and as created for each phase of disorientation
- present the basics of Validation—The Feil Method to small groups
- support others in their learning and use of Validation

This course provided the missing piece for me in working with older patients. I am a better person and therapist for having taken this course. Kari W., Rehab Mgr, Occupational Therapist

The Validation Worker course teaches you to put the individuality of the aged before the task. If you want to really make a difference while caring for aging elders, this course will give you the tools to do that. Carol G., NH Administrator

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