



**Leadership development  
for the rest of your life**



*Are you in transition and looking for a way  
to connect with something that matters?*

*Have you always wanted to help children  
or artists or retired teachers or whomever  
... aspire to great things?*

*Do you have ideas about how you want  
to contribute but haven't been able  
to realize them?*

## **Use your lifetime of experiences to make a better world**

Join the Vital Aging Network and St. Cloud partnering organizations for an information session to learn about this year's ALVA Leadership Development program.

ALVA helps you (re) discover your lifework, explore opportunities and barriers for leadership in later life, and build the skills you need to be a civic leader. You'll be a part of a great group of people who share your interest in learning, taking action, and making a difference.

St. Cloud Technical & Community College will offer the course starting Friday, October 8, 2010. Classes meet one day a month for eight months.

*Information Sessions:*

**Tuesday, July 27**

9:30 AM to 11:30 AM or

1:00 PM to 3:00 PM

**St. Cloud Technical & Community College**

**Customized Training & Education Center**

**Rooms 127 & 128**

**1215 15th Street North**

**St. Cloud, MN 56303**

**Questions? Call CTEC**

**at 320-308-5940**



**Vital Aging Network**



[www.vital-aging-network.org](http://www.vital-aging-network.org)

Vital Aging Network | North St. Paul, MN | 651.917.4652 | [info@vital-aging-network.org](mailto:info@vital-aging-network.org)