

\$9.00

2023

# Resources For Seniors Directory

*Resource information for:*  
*Benton, Cass, Chisago, Crow Wing,*  
*Isanti, Kanabec, Mille Lacs, Morrison,*  
*Pine, Sherburne, Stearns, Todd,*  
*Wadena & Wright Counties*



cmcoa.org • 1-800-333-2433 • MinnesotaHelp.info®

# Information & Advocacy

Senior LinkAge Line® - Statewide	mn.gov/senior-linkage-line	800-333-2433
MinnesotaHelp.info® - Online directory of services designed to help people find resources		
Disability Hub MN - Statewide	disabilityhubmn.org	1-866-333-2466
Veterans Linkage Line™ - Statewide	linkvet.org      1-888-LinkVet	1-888-546-5838
Eldercare Locator - Services for older adults & their families outside MN	eldercare.acl.gov	1-800-677-1116
United Way 211 - Statewide	211unitedway.org      2-1-1	1-800-543-7709
Social Security - St. Cloud Office Brainerd Lakes Area	ssa.gov	1-877-405-1446 1-866-331-9087
Minnesota Adult Abuse Reporting Center - Statewide	mn.gov/dhs/reportadultabuse	1-844-880-1574
Better Business Bureau - Consumer info to help find trustworthy businesses	bbb.org	1-800-646-6222
MN Elder Justice Center - Statewide		(651) 440-9312

<b>MnCHOICES Assessment -</b> Anyone with disabilities or chronic care needs can ask for an assessment, at no charge, to learn what support services are available to help you live in your home.	Benton County	(320) 968-5058	1-800-530-6254
	Cass County	(218) 547-1340	
	Chisago County	(651) 213-5213	1-888-234-1246
	Crow Wing County	(218) 824-1140	1-888-772-8211
	Isanti County	(763) 689-1711	
	Kanabec County	(320) 679-6330	
	Mille Lacs County	(320) 983-8208	1-888-270-8208
	Morrison County	(320) 632-2951	1-800-269-1464
	Pine County	(320) 216-4100	1-800-450-7263
	Sherburne County	(763) 765-4000	1-800-433-5239
	Stearns County	(320) 656-6000	1-800-450-3663
Todd County	(320) 732-4011	1-888-838-4066	
Wadena County	(218) 631-7605	1-888-662-2737	
Wright County	(763) 684-8435	1-800-362-3667	

## VETERANS SERVICES OFFICES

Benton County	(320) 968-5044	
Cass County	(218) 947-7534	
Chisago County	(651) 213-5605	
Crow Wing County	(218) 824-1058	1-866-507-1058
Isanti County	(763) 689-3591	
Kanabec County	(320) 679-6380	
Mille Lacs County	(320) 983-8208	1-888-270-8208
Morrison County	(320) 632-0290	1-866-401-1111
Pine County	(320) 216-4250	1-800-450-7463
Sherburne County	(763) 765-3100	
Stearns County	(320) 656-6176	
Todd County	(320) 732-4418	
Wadena County	(218) 631-7617	
Wright County	(763) 682-7325	1-800-362-3667

# Legal Assistance

**Mid-Minnesota Legal Aid - Senior Law Project** - Provides legal services for persons over 60 and their families on such issues as Social Security, supplemental security income, Medicare, Medical Assistance, food stamps, housing and utility problems, consumer issues, health care directives, domestic abuse, fuel assistance, veterans benefits and other civil matters.

Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison,  
Pine, Sherburne, Stearns, Todd, Wadena and Wright Counties (320) 253-0121  
1-888-360-2889  
mylegalaid.org

**Anishinabe Legal Services** - Cass Lake (218) 335-2223  
Must live on or near White Earth, Red Lake or Leech Lake Reservations. 1-800-422-1335  
alslegal.org

**Ombudsman for Older Minnesotans** - Advocate for consumer rights for those who are in a hospital, nursing home, assisted living facility, or receiving home care services. Statewide  
Mediation/negotiations/education is provided on long-term care issues. 1-800-657-3591

**Midwest Pension Rights Project** (651) 251-5765  
Free legal counseling related to pension claims of any amount. 1-866-783-5021  
trellisconnects.org

**Minnesota State Bar Attorney Referral Services** - Find lawyers and low-cost legal help. 1-800-882-6722  
mnbar.org

**Minnesota Attorney General's Office** - (651) 296-3353  
Consumer assistance for unsatisfactory service, bill disputes, fraud, or scams. 1-800-657-3787  
ag.state.mn.us

**MN Department of Commerce** - Minnesota's consumer protection agency. 1-800-657-3602  
mn.gov/commerce

**HOME Line Hotline** - (612) 728-5767  
Information and advice to help tenants solve their own rental housing problems. 1-866-866-3546  
homelinemn.org

**LawHelpMN** – Helps low-income people solve legal problems. lawhelpmn.org

**MN Legal Advice** – Helps low-income people get brief advice from an attorney. mnlegaladvice.org

**Mille Lacs Band of Ojibwe Legal Assistance (Mille Lacs Reservation)** (320) 532-7798  
Legal help for low-income people.

**MN State Law Library** (651) 297-7651

**Legal Aid Services of NE Minnesota** – Cass, Crow Wing, Kanabec and Pine Counties 1-800-933-1112

**Volunteers of America** – Estate and elder law services (612) 676-6300

# Adult Day Services/Social Respite

## STATEWIDE

Alliance Health Care (320) 251-7111  
 (In-Home) 800-548-0980  
 MN Adult Day Services Association (763) 464-2698

## BENTON COUNTY

Assumption Community Faith in Action (320) 685-3693  
 (In-Home Respite) St. Cloud Metro  
 Community Action Respecting Elders (CARE)  
 (In-Home Respite) (320) 968-7848  
 Summit Ridge Place (320) 203-8142  
 (Facility Respite) Sauk Rapids

## CASS COUNTY

Faith in Action for Cass County (218) 675-5435  
 (In-Home Respite) 1-866-675-5435  
 MN Chippewa Tribe (218) 339-3167  
 (Adult Day Services)  
 Tender Hearts Home Care (218) 385-3466  
 (In-Home Respite) 1-877-362-9784  
 Walker Adult Day Services (218) 547-1242  
 (Adult Day Services)

## CHISAGO COUNTY

Day Break (320) 364-9120  
 (Group Respite) North Branch  
 Foundations Group of MN, Inc. (651) 408-1433  
 (In-Home Respite) Stacy  
 Provide Care Inc. (651) 674-4404  
 (Adult Day Services) North Branch

## CROW WING COUNTY

Breath of Life (218) 822-3296  
 (Adult Day Services) Brainerd  
 Brighter Horizons (218) 232-0541  
 (Adult Day Services) Brainerd  
 Edgewood Vista - Memory Care (218) 828-3691  
 (Facility Respite) Brainerd  
 Golden Horizons Assisted Living (218) 692-6650  
 (Facility Respite) Crosslake  
 Golden Horizons Assisted Living (320) 216-7300  
 (Facility Respite) Sandstone  
 Treasured Time Adult Day Center (218) 546-5071  
 (Adult Day Services) Deerwood  
 Senior Class Care (218) 839-1895  
 (Adult Day Services)  
 Senior Class Community (218) 568-5605  
 (Facility Respite) Pequot Lakes

## ISANTI COUNTY

B's Home Care (763) 689-8984  
 (Adult Day Services) Cambridge  
 New Day (Group Respite) Braham (320) 364-9120  
 Levande-Walker Methodist (763) 325-0100  
 (Facility Respite) Cambridge  
 Prairie Senior Cottages of Isanti (763) 444-4626  
 (Facility Respite)

## KANABEC COUNTY

New Day (Group Respite) Mora (320) 364-9120

## MILLE LACS COUNTY

Elim Oasis Adult Day (763) 389-1171  
 (Facility Respite) Princeton

## MORRISON COUNTY

Horizon Health Faith in Action (320) 468-6451  
 (In-Home Respite) Morrison County  
 Meadow Ponds Assisted Living (320) 468-2949  
 (Facility Respite) Pierz  
 Pierz Villa (Adult Day Services) (320) 468-6405  
 (Facility Respite) Pierz  
 Tender Hearts Home Care (218) 385-3466  
 (In-Home Respite) 1-877-362-9784

## PINE COUNTY

Day Break (320) 364-9120  
 (Social Group Respite) Pine City  
 Elderwood of Hinckley (320) 384-7373  
 (Facility Respite)  
 Golden Horizons Assisted Living (320) 216-7300  
 (Facility Respite) Sandstone  
 Sandstone Health Care Center (320) 245-3150  
 (Facility Respite) Sandstone

## SHERBURNE COUNTY

OPTIONS, Inc. (763) 263-3684  
 (Adult Day Services) Big Lake  
 Angels on Main (763) 241-6845  
 (Adult Day Services) Elk River  
 Elim Oasis (763) 389-1171  
 (Adult Day Services) Princeton  
 Assumption Community Faith in Action (320) 685-3693  
 (In-Home Respite) St. Cloud Metro

## STEARNS COUNTY

Helping Hands Outreach (320) 746-9960  
 (In-Home) Holdingford/St. Stephen Area

## Adult Day Services/Social Respite Continued

### STEARNS COUNTY continued

R.O.S.E. Center (320) 243-5144  
 (In-Home) Paynesville  
 Paynesville Health Care Center (320) 243-4212  
 (Adult Day Services) Paynesville  
 A Home for the Day (320) 260-7396 or  
 (Adult Day Services) St. Cloud (320) 260-5251  
 Assumption Community Faith in Action  
 (In-Home Respite) St. Cloud Metro (320) 685-3693  
 Carefree Living (320) 251-6483  
 (Facility Respite) St. Cloud  
 VA Medical Center (320) 252-1670  
 (Adult Day Services) St. Cloud  
 Opportunity Matters (320) 240-1900  
 (Adult Day Services) Sartell  
 Cedar Cove Assisted Living (320) 732-1939  
 (Facility Respite) Sauk Centre  
 We Care (320) 281-4449  
 (Adult Day Services) Waite Park

### TODD COUNTY

Lake Country Home Care (218) 385-3422  
 (In-Home Respite)

### TODD COUNTY continued

Tender Hearts Home Care (218) 385-3466  
 (In-Home Respite) 1-877-362-9784

### WADENA COUNTY

Lake Country Home Care (218) 385-3422  
 (In-Home Respite)  
 Many Lakes Home Care (218) 732-9394  
 (In-Home Respite)  
 Tender Hearts Home Care (218) 385-3466  
 (In-Home Respite) 1-877-362-9784

### WRIGHT COUNTY

Centennial Villa (320) 274-5031  
 (Facility Respite) Annandale  
 Havenwood of Buffalo (612) 439-2510  
 (Facility Respite) Buffalo  
 Park View Adult Day Care Center (763) 684-0803  
 (Adult Day Services) Buffalo  
 Legacy of Delano (763) 452-9292  
 (Facility Respite) Delano  
 Willows Landing (320) 316-0310  
 (Facility Respite) Monticell

# Homemaker, Chore, Home Repair Services

Assumption Community Faith in Action (Serves Stearns County and St. Cloud Metro)	(320) 348-2322
Community Action Respecting Elders (CARE) (Serves Benton and Sherburne-Becker Area)	(320) 968-7848
Faith in Action for Cass County	(218) 675-5435 1-866-675-5435
Family Pathways (Serves Chisago, Isanti, Kanabec, Mille Lacs and Pine Counties)	(612) 368-2990
Great River Faith in Action (Serves Sherburne County and parts of Wright County)	(763) 263-4277
Helping Hands Outreach (Serves Holdingford, St. Stephen, Rice)	(320) 746-9960
Horizon Health Faith in Action (Serves Morrison County & Lower Crow Wing County)	(320) 468-6451 1-800-224-6451
Interfaith Volunteers (Serves Crow Wing County)	(218) 820-7454 1-877-245-7454
Lakes & Pines Community Action Council (Serves Chisago, Isanti, Kanabec, Mille Lacs and Pine Counties)	(320) 679-1800 1-800-832-6082
LOVE INC. - Heartland (Serves Cokato, Delano, Howard Lake, Montrose, Rockford and Waverly)	(763) 972-6547
Lutheran Social Service Neighbor to Neighbor Companions - Statewide	1-877-540-9443
Paynesville R.O.S.E. Center (Serves Paynesville School District residents: Belgrade and Brooten Communities)	(320) 243-5144
Senior Community Services (Serves Sherburne County and Southern Wright County)	(952) 541-1019
Wright County Community Action	(320) 963-6500

# Educational/Volunteer

*Varied educational opportunities exist through local colleges, universities and local community programs.*

**ROAD SCHOLAR** – Non-profit organization that combines international travel packages with liberal arts study program for people of retirement age. 1-800-454-5768 [www.roadscholar.org](http://www.roadscholar.org)

**AMERICORPS SENIORS FOSTER GRANDPARENT PROGRAM** – Provides a volunteer opportunity with tax-free stipend for limited income seniors, matching them to special needs children in community non-profit agencies.

Benton, Isanti, Kanabec, Mille Lacs, Morrison, Sherburne, Stearns, Todd, Wadena  
(320) 229-4587 [www.mnseniorcorps.org](http://www.mnseniorcorps.org)  
[www.ccstcloud.org/fgp](http://www.ccstcloud.org/fgp)  
1-866-895-7992

Cass	(218) 366-0524	1-888-205-3770
Chisago	(651) 310-9459	1-888-205-3770
Crow Wing	(218) 824-3804	1-888-205-3770
Pine	(651) 310-9459	1-888-205-3770
Wright	(320) 241-5173	1-888-205-3770

**SENIOR AMERICAN PROGRAM (AKA: EXPERIENCE WORKS)** – Helps older people learn work skills, participate in job training and get a job. Program pays the wages while the person learns a new skill and gets valuable work experience.

Cass	(218) 335-8586 or (218) 444-0732
Crow Wing	(218) 892-3340
Kanabec	800-284-7425
Morrison	(320) 232-2000
Todd & Wadena	(218) 631-7660

**CAREER FORCE** – Helps job seekers find employment and helps anyone of any age explore and plan careers.

[www.mn.gov/deed](http://www.mn.gov/deed)

Brainerd	1-800-664-3595	Mora	(320) 679-6484	
Cambridge	(763) 645-1313	St. Cloud	(320) 308-5320	
Little Falls	(320) 232-2000	1-800-419-1330	Wadena	(218) 631-7660
Monticello	(763) 271-3700	1-800-284-7425		

**AMERICORPS SENIORS RSVP (Retired Senior Volunteer Program)** – Places older individuals in volunteer sites such as schools, libraries, dining sites or service agencies, to do meaningful volunteer activities.

Benton, Stearns County	(320) 255-7295	<a href="http://www.mnseniorcorps.org">www.mnseniorcorps.org</a>
Chisago, Isanti, Kanabec, Mille Lacs, Pine County	(612) 390-5218	<a href="http://www.ci.stcloud.mn.us/rsvp">www.ci.stcloud.mn.us/rsvp</a>
Sherburne County	(763) 635-4505	<a href="http://www.voamnwi.org">www.voamnwi.org</a>
Todd, Wadena County	(218) 632-3600, ext. 229	<a href="http://www.ci.stcloud.mn.us/rsvp">www.ci.stcloud.mn.us/rsvp</a> <a href="http://www.mahube.org">www.mahube.org</a>

**AMERICORPS SENIOR COMPANION PROGRAM** – This program offers seniors, age 60 and older, the opportunity to serve individuals who have difficulty with daily living tasks. [www.mnseniorcorps.org](http://www.mnseniorcorps.org)

Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs,  
Morrison, Pine, Sherburne, Stearns, Todd, Wadena, Wright (651) 310-9440 1-888-205-3770

**NEIGHBOR to NEIGHBOR COMPANIONS** – Companions offer assistance with daily activities and appointments, a link to the community, and an opportunity for meaningful friendships. [lssmn.org/neighbortoneighbor](http://lssmn.org/neighbortoneighbor)

Statewide: 1-877-540-9443

**WELL CONNECTED** – Telephone-based free program that offers activities, education, friendly conversation, and an assortment of classes, support groups and presentations to older adults from the comfort of home.

[www.covia.org](http://www.covia.org) 1-877-797-7299

# Long-Term Care Facilities/Nursing Homes

## BENTON COUNTY

Country Manor Health Care – Sartell	(320) 253-1920	<a href="http://www.countrymanorcampus.org">www.countrymanorcampus.org</a>
Good Shepherd Community – Sauk Rapids	(320) 259-3476	<a href="http://www.goodshepherdcampus.org">www.goodshepherdcampus.org</a>
The Gardens at Foley	(320) 968-6201	<a href="http://www.monarchmn.com">www.monarchmn.com</a>

## CASS COUNTY

Good Samaritan Society – Pine River	(218) 587-4423	<a href="http://www.good-sam.com">www.good-sam.com</a>
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## CHISAGO COUNTY

Ecumen – North Branch	(651) 237-3000	<a href="http://www.ecumennorthbranch.org">www.ecumennorthbranch.org</a>
Estates at Rush City	(320) 358-4765	<a href="http://www.monarchmn.com">www.monarchmn.com</a>
Parmly on the Lake – Chisago City	(651) 257-0575	<a href="http://www.monarchmn.com">www.monarchmn.com</a>

## CROW WING COUNTY

Cuyuna Regional Medical Center – Crosby	(218) 546-2323	<a href="http://www.cuyunamed.org">www.cuyunamed.org</a>
Good Samaritan Society Bethany – Brainerd	(218) 829-1407	<a href="http://www.good-sam.com">www.good-sam.com</a>
Good Samaritan Society Woodland – Brainerd	(218) 829-1429	<a href="http://www.good-sam.com">www.good-sam.com</a>

## ISANTI COUNTY

GracePointe Crossing – The Gables – Cambridge	(763) 689-1474	<a href="http://www.gracepointecrossing.org">www.gracepointecrossing.org</a>
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## KANABEC COUNTY

St. Clare Living Community – Mora	(320) 679-1411	<a href="http://www.stclarelivingcommunity.org">www.stclarelivingcommunity.org</a>
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## MILLE LACS COUNTY

Milaca Elim Meadows Health Care Center	(320) 983-2185	<a href="http://www.cassialife.org">www.cassialife.org</a>
Mille Lacs Health System Long Term Care – Onamia	(320) 532-2729	<a href="http://www.mlhealth.org">www.mlhealth.org</a>
Elim Wellspring – Princeton	(763) 389-1171	<a href="http://www.elimwellspring.org">www.elimwellspring.org</a>

## MORRISON COUNTY

Little Falls Care Center	(320) 632-9211	<a href="http://www.lfhs.sfhs.org">www.lfhs.sfhs.org</a>
Pierz Villa	(320) 468-6405	<a href="http://www.pierzvilla.com">www.pierzvilla.com</a>
St. Otto's Care Center – Little Falls	(320) 632-9281	<a href="http://www.stottos.org">www.stottos.org</a>

## PINE COUNTY

Sandstone Health Care Center	(320) 245-3150	
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## SHERBURNE COUNTY

Guardian Angels Care Center – Elk River	(763) 441-1213	<a href="http://www.guardianangelsmn.org">www.guardianangelsmn.org</a>
CentraCare-St. Benedict's Community – St. Cloud	(320) 252-0010	<a href="http://www.centracare.com">www.centracare.com</a>
Edenbrook of St. Cloud	(320) 251-9120	

## STEARNS COUNTY

Assumption Home – Cold Spring	(320) 685-3693	<a href="http://www.assumptionhome.org">www.assumptionhome.org</a>
Belgrade Nursing Home	(320) 254-8215	<a href="http://www.belgradenursinghome.com">www.belgradenursinghome.com</a>
CentraCare - Melrose Care Center	(320) 256-4474	<a href="http://www.centracare.com">www.centracare.com</a>
CentraCare - Sauk Centre Care Center	(320) 352-2221	<a href="http://www.centracare.com">www.centracare.com</a>
CentraCare Therapy Suites - Sartell	(320) 534-3000	
Mother of Mercy – Albany	(320) 845-2195	<a href="http://www.motherofmercymn.org">www.motherofmercymn.org</a>
Paynesville Health Care Center	(320) 243-4212	<a href="http://www.paynesvillehcc.com">www.paynesvillehcc.com</a>
Sterling Park Health Care Center – Waite Park	(320) 252-9595	<a href="http://www.sterlingparkseniorliving.com">www.sterlingparkseniorliving.com</a>
Veterans Affairs Medical Center – St. Cloud	(320) 255-6414	<a href="http://www.stcloud.va.gov">www.stcloud.va.gov</a>



## **Long-Term Care Facilities/Nursing Homes Continued**

### **TODD COUNTY**

Central Todd County Care Center – Clarissa  
Long Prairie Care Center

(218) 756-3636  
(320) 732-6111

[www.clarissacarecenter.org](http://www.clarissacarecenter.org)

### **WADENA COUNTY**

Fair Oaks Lodge – Wadena  
Green Pine Acres – Menahga  
Lakewood Health System & Care Center – Staples

(218) 631-1391  
(218) 564-4101  
(218) 894-8345

[www.annandalecarecenter.org](http://www.annandalecarecenter.org)  
[www.greenwoodconnections.com](http://www.greenwoodconnections.com)

### **WRIGHT COUNTY**

Annandale Care Center  
Cokato Manor  
Good Samaritan Society – Howard Lake  
Lake Ridge Care Center – Buffalo  
CentraCare – Monticello Care Center  
Park View Care Center – Buffalo  
The Estates at Delano

(320) 274-3737  
(320) 286-2158  
(320) 543-3800  
(763) 404-4639  
(763) 271-2333  
(763) 682-1131  
(763) 972-2987

[www.annandalecarecenter.org](http://www.annandalecarecenter.org)  
[www.good-sam.com](http://www.good-sam.com)  
[www.elimcare.org](http://www.elimcare.org)  
[www.centracare.com](http://www.centracare.com)  
[www.cassialife.org](http://www.cassialife.org)  
[www.monarchmn.com](http://www.monarchmn.com)

# Senior Centers/Clubs

**SENIOR CENTERS** - Provide varied activities, trips, education, recreation, and opportunities to meet others.

## **BENTON COUNTY**

CARE (Community Action Respecting Elders) Foley (320) 968-7848

## **CASS COUNTY**

Backus Senior Center (218) 947-3844  
Cass Lake Senior Club (218) 335-2238  
The Hub - Hackensack (218) 820-0258  
Longville Young at Heart Senior Club (612) 719-4337  
Senior Leech Lakers - Walker (218) 547-1116

## **CHISAGO COUNTY**

Chisago County Senior Center, North Branch (651) 674-8658  
Coon Lake Senior Center, East Bethel (612) 701-8833  
Forest Lake Senior Community Center (651) 464-5833  
Linwood Senior Center - Stacy (651) 462-5565  
Rush City Community Center (320) 358-3611

## **CROW WING COUNTY**

Crosslake Community Center (218) 692-4271  
The Center, Brainerd (218) 829-9345

## **ISANTI COUNTY**

Cambridge Senior Activity Center (763) 689-6555

## **MILLE LACS COUNTY**

Milaca Senior Center (320) 982-6337

## **MORRISON COUNTY**

Little Falls Senior Center (320) 632-8009  
Pierz Senior Center (320) 468-2160  
Royalton Community Center (320) 584-5961  
Swanville Senior Center (320) 630-0259  
Upsala Area Community Center (320) 573-4435

## **PINE COUNTY**

Hinckley Senior Club (320) 384-6557  
Pine City Senior Center (320) 629-3024

## **SHERBURNE COUNTY**

Becker Area Community Center (763) 200-4271  
Big Lake Senior Group (763) 309-1010  
Elk River Senior Activity Center (763) 635-4500

## **STEARNS COUNTY**

Albany Area Community Senior Center (320) 845-2025  
Rocori Senior Center, Cold Spring (320) 685-4935  
Melrose Senior Center (320) 256-4278  
Paynesville Green Roof Area Center (320) 243-4799  
Sartell Senior Connection Club (320) 258-7324  
Sauk Centre Senior Center (320) 352-5205  
Waite Park Senior Center (320) 229-3679  
Whitney Senior Center, St. Cloud (320) 255-7245

## **TODD COUNTY**

Clarissa Senior Center (320) 766-2895  
Eagle Bend Senior Center (218) 738-4152  
Long Prairie Senior Center (320) 732-2282  
Staples Community Center (218) 894-2553

## **WADENA COUNTY**

Menahga Senior Center (218) 564-4858  
Sebeka Senior Center (218) 837-5068  
Wadena Senior Center (218) 631-4077

## **WRIGHT COUNTY**

Annandale City Hall (763) 290-2238  
Buffalo Community Center (763) 682-6036  
Delano Senior Center (763) 972-0574  
Hanover Golden Ages Group (763) 497-3777  
Monticello Senior Center (763) 295-2000  
Otsego Senior Club (763) 235-3148  
Crow River Senior Center, St. Michael (763) 497-8900

# Financial/Energy Assistance

*A variety of programs exist to aid people experiencing financial difficulty.*

## STATEWIDE

Cold Weather Rule, MN Public Utilities Commission	(651) 296-0406	1-800-657-3782	<a href="http://www.mn.gov/puc">www.mn.gov/puc</a>
Energy Cents Coalition (Xcel-Center Point Energy)	(651) 774-9010	1-888-774-9070	<a href="http://www.xcelenergy.com">www.xcelenergy.com</a>
MN Department of Veterans Affairs	(651) 296-2562	1-888-546-5838	<a href="http://www.mn.gov/mdva">www.mn.gov/mdva</a>
MN Telephone Service Discount Programs	(651) 296-0406	1-800-657-3782	<a href="http://www.mn.gov/puc">www.mn.gov/puc</a>
Social Security Administration		1-800-772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>

## BENTON COUNTY

Benton County Human Services	(320) 968-5087	1-800-530-6254	<a href="http://www.co.benton.mn.us">www.co.benton.mn.us</a>
Benton County Veterans Service Office	(320) 968-5044		<a href="http://www.co.benton.mn.us">www.co.benton.mn.us</a>
Catholic Charities (Western Benton)	(320) 229-4560	1-800-830-8254	<a href="http://www.ccstcloud.org">www.ccstcloud.org</a>
Salvation Army-Central Minnesota		1-800-456-4483	<a href="http://www.salvationarmynorth.org">www.salvationarmynorth.org</a>
Tri-Cap (Tri-County Action Programs, Inc.)	(320) 251-1612	1-888-765-5597	<a href="http://www.tricap.org">www.tricap.org</a>

## CASS COUNTY

Bi-County Community Action Programs, Inc. – Walker	(218) 547-3438	1-800-332-7135	<a href="http://www.bicap.org">www.bicap.org</a>
Cass County Human Services	(218) 547-1340		<a href="http://www.co.cass.mn.us">www.co.cass.mn.us</a>
Cass County Veterans Service Office	(218) 947-7534		<a href="http://www.co.cass.mn.us">www.co.cass.mn.us</a>
Leech Lake Band of Ojibwe – Energy Assistance	(218) 335-3783		<a href="http://www.llojibwe.org">www.llojibwe.org</a>
Leech Lake Band of Ojibwe – Patient Benefits Program	(218) 335-4571		<a href="http://www.llojibwe.org">www.llojibwe.org</a>
Salvation Army - Northern MN	(651) 746-3406		<a href="http://www.salvationarmynorth.org">www.salvationarmynorth.org</a>

## CHISAGO COUNTY

Chisago County Human Services	(651) 213-5600	1-888-234-1246	<a href="http://www.co.chisago.mn.us">www.co.chisago.mn.us</a>
Chisago County Veterans Service Office	(651) 213-5605	1-888-234-1246	<a href="http://www.co.chisago.mn.us">www.co.chisago.mn.us</a>
Lakes & Pines Community Action Council	(320) 679-1800	1-800-832-6082	<a href="http://www.lakesandpines.org">www.lakesandpines.org</a>

## CROW WING COUNTY

Bridges of Hope - Brainerd	(218) 825-7682		<a href="http://www.bridgesofhopemn.org">www.bridgesofhopemn.org</a>
Crow Wing County Community Services	(218) 824-1250	1-888-772-8211	<a href="http://www.crowwing.us">www.crowwing.us</a>
Crow Wing Veterans Service Office	(218) 824-1058	1-866-507-1058	<a href="http://www.crowwing.us">www.crowwing.us</a>
Lutheran Social Service – Brainerd	(218) 829-5000	1-800-829-5902	<a href="http://www.lssmn.org">www.lssmn.org</a>
Salvation Army – Brainerd	(218) 829-1120		<a href="http://www.thesalary.org">www.thesalary.org</a>
Tri-County Community Action Partnership	(218) 829-2410		<a href="http://www.tccaction.com">www.tccaction.com</a>

## ISANTI COUNTY

Isanti County Family Services	(763) 689-1711		<a href="http://www.co.isanti.mn.us">www.co.isanti.mn.us</a>
Isanti County Veterans Service Office	(763) 689-3591		<a href="http://www.isantiveteran.org">www.isantiveteran.org</a>
Lakes & Pines Community Action	(320) 679-1800	1-800-832-6082	<a href="http://www.lakesandpines.org">www.lakesandpines.org</a>

## KANABEC COUNTY

Kanabec County Family Services	(320) 679-6350		<a href="http://www.kanabecounty.org">www.kanabecounty.org</a>
Kanabec County Veterans Service Office	(320) 679-6380		<a href="http://www.kanabecounty.org">www.kanabecounty.org</a>
Lakes & Pines Community Action Council	(320) 679-1800	1-800-832-6082	<a href="http://www.lakesandpines.org">www.lakesandpines.org</a>

## MILLE LACS COUNTY

Lakes & Pines Community Action Council	(320) 679-1800	1-800-832-6082	<a href="http://www.lakesandpines.org">www.lakesandpines.org</a>
Mille Lacs Band of Ojibwe Tribal Admin Center	(320) 532-4181	1-800-709-6445	<a href="http://www.millelacsband.com">www.millelacsband.com</a>
Mille Lacs County Community Veterans Service Office	(320) 983-8208	1-888-270-8208	<a href="http://www.co.mille-lacs.mn.us">www.co.mille-lacs.mn.us</a>

## Financial/Energy Assistance Continued

### MORRISON COUNTY

Catholic Charities	(320) 229-4560	1-800-830-8254	<a href="http://www.ccstcloud.org">www.ccstcloud.org</a>
Morrison County Social Services	(320) 632-2951	1-800-269-1464	<a href="http://www.co.morrison.mn.us">www.co.morrison.mn.us</a>
Morrison County Veterans Service Office	(320) 632-0290		<a href="http://www.co.morrison.mn.us">www.co.morrison.mn.us</a>
Salvation Army	(218) 829-1120		<a href="http://www.theSalArmy.org">www.theSalArmy.org</a>
Tri-County Community Action Partnership	(320) 632-3691		<a href="http://www.tccaction.com">www.tccaction.com</a>

### PINE COUNTY

Lakes & Pines Community Action	(320) 679-1800	1-800-832-6082	<a href="http://www.lakesandpines.org">www.lakesandpines.org</a>
Pine County Human Services – Pine City	(320) 591-1570	1-800-450-7463	<a href="http://www.co.pine.mn.us">www.co.pine.mn.us</a>
Pine County Human Services – Sandstone	(320) 216-4100	1-800-450-7463	<a href="http://www.co.pine.mn.us">www.co.pine.mn.us</a>
Pine County Veterans Service Office - Sandstone	(320) 216-4250	1-800-450-7463, ext. 4250	<a href="http://www.co.pine.mn.us">www.co.pine.mn.us</a>

### SHERBURNE COUNTY

CAER (Community Aid, Elk River)	(763) 441-1020		<a href="http://www.caerfoodshelf.org">www.caerfoodshelf.org</a>
Catholic Charities (Western Sherburne County)	(320) 229-4560	1-800-830-8254	<a href="http://www.ccstcloud.org">www.ccstcloud.org</a>
Sherburne County Human Services	(763) 765-4000	1-800-433-5239	<a href="http://www.co.sherburne.mn.us">www.co.sherburne.mn.us</a>
Sherburne County Veterans Service Office	(763) 765-3100	1-800-433-5243	<a href="http://www.co.sherburne.mn.us">www.co.sherburne.mn.us</a>
Tri-Cap (Tri-County Action Programs, Inc)	(320) 251-1612	1-888-765-5597	<a href="http://www.tricap.org">www.tricap.org</a>

### STEARNS COUNTY

Catholic Charities (Eastern Stearns County)	(320) 229-4560	1-800-830-8254	<a href="http://www.ccstcloud.org">www.ccstcloud.org</a>
Salvation Army-St. Cloud Area	(320) 252-4552	1-888-220-4850	<a href="http://www.salvationarmynorth.org">www.salvationarmynorth.org</a>
Stearns County Human Services	(320) 656-6000	1-800-450-3663	<a href="http://www.co.stearns.mn.us">www.co.stearns.mn.us</a>
Stearns County Veterans Service Office	(320) 656-6176		
Tri-Cap (Tri-County Action Programs, Inc.)	(320) 251-1612	1-888-765-5597	<a href="http://www.tricap.org">www.tricap.org</a>

### TODD COUNTY

Salvation Army-Central Minnesota		1-800-456-4483	<a href="http://www.salvationarmynorth.org">www.salvationarmynorth.org</a>
Todd County Energy Assistance Program	(320) 732-4516	1-888-732-4516	<a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a>
Todd County Social Services	(320) 732-4500	1-888-838-4066	<a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a>
Todd County Veteran Service Office	(320) 732-4418		<a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a>
Tri-County Community Action Partnership	(320) 632-3691		<a href="http://www.tccaction.com">www.tccaction.com</a>

### WADENA COUNTY

Mahube-OTWA Community Action Partnership	(218) 632-3600		<a href="http://www.mahube.org">www.mahube.org</a>
Salvation Army-Central Minnesota		1-800-456-4483	<a href="http://www.salvationarmynorth.org">www.salvationarmynorth.org</a>
Wadena County Human Services	(218) 631-7605	1-888-662-2737	<a href="http://www.co.wadena.mn.us">www.co.wadena.mn.us</a>
Wadena County Veterans Service Office	(218) 631-7617		<a href="http://www.co.wadena.mn.us">www.co.wadena.mn.us</a>

### WRIGHT COUNTY

Wright County Community Action	(320) 963-6500		<a href="http://www.wccaweb.com">www.wccaweb.com</a>
Wright County Human Services	(763) 682-7414	1-800-362-3667	<a href="http://www.co.wright.mn.us">www.co.wright.mn.us</a>
Wright County Veterans Service Office-Buffalo	(763) 682-7325	1-800-362-3667	<a href="http://www.co.wright.mn.us">www.co.wright.mn.us</a>

# Hospice Services

*The coordination of services to help terminally ill individuals (life expectancy of 12 months or less) and their families so that death may occur at home or in a home-like setting.*

## **NATIONAL HOSPICE & PALLIATIVE CARE ORGANIZATION**

*(maintains a listing of all hospices in the nation)*

**1-800-658-8898**

**[www.nhpco.org](http://www.nhpco.org)**

## **MINNESOTA NETWORK OF HOSPICE & PALLIATIVE CARE**

**(651) 917-4616**

**[www.mnhpc.org](http://www.mnhpc.org)**

## **STATEWIDE**

Veterans Affairs Medical Center

St. Cloud (320) 252-1670

1-800-247-1739 [www.va.gov](http://www.va.gov)

Fargo (701) 239-3700

1-800-410-9723

Minneapolis (612) 725-2000

1-866-414-5058

## **BENTON COUNTY**

Accent Care Fairview Hospice

(612) 728-2455

[www.accentcare.com](http://www.accentcare.com)

CentraCare Hospice

(320) 259-9375

1-800-835-6610

[www.centracare.com](http://www.centracare.com)

Knute Nelson

(320) 252-5056

[www.knutenelson.org](http://www.knutenelson.org)

Moments Hospice

(763) 205-3600

[www.momentshospice.com](http://www.momentshospice.com)

ProMedica

(320) 654-1136

1-866-231-5695

[www.promedica-hospice.org](http://www.promedica-hospice.org)

St. Croix Hospice

1-855-278-2764

[www.stcroixhospice.com](http://www.stcroixhospice.com)

Trinity Home Health & Hospice

(763) 241-0654

[www.triniticaring.org](http://www.triniticaring.org)

## **CASS COUNTY**

Cuyuna Regional Medical Center Hospice

(218) 546-2311

1-833-731-1205

[www.cuyunamed.org](http://www.cuyunamed.org)

Essentia Health/St. Mary's/Itasca Hospice

(218) 327-8780

1-800-650-8520

[www.essentiahealth.org](http://www.essentiahealth.org)

Good Samaritan Society Hospice

(218) 963-9452

1-877-828-7016

[www.good-sam.com](http://www.good-sam.com)

Hospice of the Red River Valley

1-800-237-4629

[www.hrrv.org](http://www.hrrv.org)

Knute Nelson

(218) 237-2350

[www.knutenelson.org](http://www.knutenelson.org)

Lakewood Health System Home Care

(218) 894-8080

1-800-525-1033

[www.lakewoodhealthsystem.com](http://www.lakewoodhealthsystem.com)

Moments Hospice

(763) 205-3600

[www.momentshospice.com](http://www.momentshospice.com)

ProMedica

(218) 829-1252

1-866-231-5695

[www.promedica-hospice.org](http://www.promedica-hospice.org)

Sanford Bemidji Home Care & Hospice

(218) 333-5665

[www.sanfordhealth.org](http://www.sanfordhealth.org)

St. Croix Hospice

1-855-278-2764

[www.stcroixhospice.com](http://www.stcroixhospice.com)

## **CHISAGO COUNTY**

Accent Care Fairview Hospice

(612) 728-2455

[www.accentcare.com](http://www.accentcare.com)

Allina Home & Community Services

(651) 635-9173

1-800-261-0879

[www.allinahealth.org](http://www.allinahealth.org)

Ecumen Hospice

(651) 243-5260

1-877-311-4997

[www.ecumenhospice.org](http://www.ecumenhospice.org)

Hennepin Health Care Hospice

(763) 531-2424

1-800-364-2478

[www.hennepinhealthcare.org](http://www.hennepinhealthcare.org)

Hospice of the Midwest

(651) 344-1040

[www.hospiceofthemidwest.com](http://www.hospiceofthemidwest.com)

Interim Health Care Hospice

(651) 917-3634

[www.interimhealthcare.com](http://www.interimhealthcare.com)

Mary T. Inc. Hospice

(763) 772-9963

[www.marytinc.com](http://www.marytinc.com)

Moments Hospice

(320) 205-3600

[www.momentshospice.com](http://www.momentshospice.com)

ProMedica

(320) 654-1136

1-866-231-5695

[www.promedica-hospice.org](http://www.promedica-hospice.org)

St. Croix Hospice

1-855-278-2764

[www.stcroixhospice.com](http://www.stcroixhospice.com)

# Hospice Services Continued

## CROW WING COUNTY

Aveanna Hospice	(320) 774-0770		
CHI Health at Home	(320) 631-5575		<a href="http://www.chihealthathome.com">www.chihealthathome.com</a>
Cuyuna Regional Medical Center Hospice	(218) 546-2311	1-833-731-1205	<a href="http://www.cyunamed.org">www.cyunamed.org</a>
Essentia Health/St. Mary's/Itasca Hospice	(218-327-8780	1-800-650-8520	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>
Good Samaritan Society Hospice	(218) 963-9452	1-877-828-7016	<a href="http://www.good-sam.com">www.good-sam.com</a>
Horizon Health	(320) 468-2788	1-800-224-6451	<a href="http://www.horizonhealthservices.org">www.horizonhealthservices.org</a>
Knute Nelson	(218) 454-1542		<a href="http://www.knutenelson.org">www.knutenelson.org</a>
Lakewood Health System Home Care	(218) 894-8080	1-800-525-1033	<a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a>
Mille Lacs Health System Hospice	(320) 532-2800	1-888-532-4127	<a href="http://www.mlhealth.org">www.mlhealth.org</a>
Moments Hospice	(320) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(218) 829-1252	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice	(218) 249-1521	1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>

## ISANTI COUNTY

Accent Care Fairview Hospice	(612) 728-2455		<a href="http://www.accentcare.com">www.accentcare.com</a>
Allina Home & Community Services	(651) 635-9173	1-800-261-0879	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
Ecumen Hospice	(651) 243-5260	1-877-311-4997	<a href="http://www.ecumenhospice.org">www.ecumenhospice.org</a>
Hospice of the Midwest	(651) 344-1040		<a href="http://www.hospiceofthemidwest.com">www.hospiceofthemidwest.com</a>
Hospice of the Twin Cities/HCMC	(763) 531-2424	1-800-364-2478	<a href="http://www.hennepinhealthcare.org">www.hennepinhealthcare.org</a>
Interim Health Care Hospice	(651) 917-3634		<a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>
Mary T. Inc. Hospice	(763) 772-9963		<a href="http://www.marytinc.com">www.marytinc.com</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice	(763) 689-3735	1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>
Trinity Home Health & Hospice	(763) 241-0654		<a href="http://www.triniticaring.org">www.triniticaring.org</a>

## KANABEC COUNTY

Accent Care Fairview Hospice	(612) 728-2455		<a href="http://www.accentcare.com">www.accentcare.com</a>
Allina Home & Community Services	(651) 635-9173	1-800-261-0879	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
Ecumen Hospice	(651) 243-5260	1-877-311-4997	<a href="http://www.ecumenhospice.org">www.ecumenhospice.org</a>
Mary T. Inc. Hospice	(763) 772-9963		<a href="http://www.marytinc.com">www.marytinc.com</a>
Mille Lacs Health System Home Care & Hospice	(320) 532-2800	1-888-532-4127	<a href="http://www.mlhealth.org">www.mlhealth.org</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>
Trinity Home Health & Hospice	(763) 241-0654		<a href="http://www.triniticaring.org">www.triniticaring.org</a>

## MILLE LACS COUNTY

Accent Care Fairview Hospice	(612) 728-2455		<a href="http://www.accentcare.com">www.accentcare.com</a>
Allina Home & Community Services	(651) 635-9173	1-800-261-0879	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
CentraCare Hospice	(320) 259-9375	1-800-835-6610	<a href="http://www.centracare.com">www.centracare.com</a>
Ecumen Hospice	(651) 243-5260	1-877-311-4997	<a href="http://www.ecumenhospice.org">www.ecumenhospice.org</a>
Mille Lacs Health System Home Care & Hospice	(320) 532-2800	1-888-532-4127	<a href="http://www.mlhealth.org">www.mlhealth.org</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>
Trinity Home Health & Hospice	(763) 241-0654		<a href="http://www.triniticaring.org">www.triniticaring.org</a>

# Hospice Continued

## MORRISON COUNTY

CentraCare Hospice	(320) 259-9375	1-800-835-6610	<a href="http://www.centracare.com">www.centracare.com</a>
CHI Health at Home	(320) 631-5575		<a href="http://www.chihealthathome.com">www.chihealthathome.com</a>
Horizon Health	(320) 468-2788	1-888-224-6451	<a href="http://www.horizonhealthservices.org">www.horizonhealthservices.org</a>
Knute Nelson	(218) 454-1542		<a href="http://www.knutenelson.org">www.knutenelson.org</a>
Mille Lacs Health System Home Care & Hospice	(320) 532-2800	1-888-532-4127	<a href="http://www.mlhealth.org">www.mlhealth.org</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
Lakewood Health System Home Care	(218) 894-8080	1-800-525-1033	<a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>

## PINE COUNTY

Accent Care Fairview Hospice	(612) 728-2455		<a href="http://www.accentcare.com">www.accentcare.com</a>
Allina Home & Community Services	(651) 635-9173	1-800-261-0879	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
Ecumen Hospice	(651) 243-5260	1-877-311-4997	<a href="http://www.ecumenhospice.org">www.ecumenhospice.org</a>
Mary T. Inc. Hospice	(763) 772-9963		<a href="http://www.marytinc.com">www.marytinc.com</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>

## SHERBURNE COUNTY

Accent Care Fairview Hospice	(612) 728-2455		<a href="http://www.accentcare.com">www.accentcare.com</a>
Allina Home & Community Services	(651) 635-9173	1-800-261-0879	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
Brighton Hospice	(952) 856-2212		<a href="http://www.brightonhospice.com">www.brightonhospice.com</a>
CentraCare Hospice	(320) 259-9375	1-800-835-6610	<a href="http://www.centracare.com">www.centracare.com</a>
Ecumen Hospice	(651) 243-5260	1-877-311-4997	<a href="http://www.ecumenhospice.org">www.ecumenhospice.org</a>
Hennepin Health Care Hospice	(763) 531-2424	1-800-364-2478	<a href="http://www.hennepinhealthcare.org">www.hennepinhealthcare.org</a>
Interim Health Care-Hospice	(651) 917-3634		<a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>
Mary T. Inc. Hospice	(763) 772-9963		<a href="http://www.marytinc.com">www.marytinc.com</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
North Memorial Home & Community Services	(763) 581-8181		<a href="http://www.northmemorial.com">www.northmemorial.com</a>
Park Nicollet Methodist Hospital Hospice	(952) 993-6087		<a href="http://www.parknicollet.com">www.parknicollet.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>
Trinity Home Health & Hospice	(763) 241-0654		<a href="http://www.triniticaring.org">www.triniticaring.org</a>

## STEARNS COUNTY

CentraCare Hospice	(320) 259-9375	1-800-835-6610	<a href="http://www.centracare.com">www.centracare.com</a>
CHI Health at Home	(320) 845-2440		<a href="http://www.chihealthathome.com">www.chihealthathome.com</a>
Ecumen of Litchfield Hospice	(320) 373-6607	1-877-311-4997	<a href="http://www.ecumenoflitchfield.org">www.ecumenoflitchfield.org</a>
Glacial Ridge Home Care & Hospice	(320) 634-2221		<a href="http://www.glacialridge.org">www.glacialridge.org</a>
Knute Nelson	(320) 252-5056		<a href="http://www.knutenelson.org">www.knutenelson.org</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
Quiet Oaks Hospice House	(320) 255-5433		<a href="http://www.quietoakshospicehouse.org">www.quietoakshospicehouse.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>
Trinity Home Health & Hospice	(763) 241-0654		<a href="http://www.triniticaring.org">www.triniticaring.org</a>

# Hospice Continued

## TODD COUNTY

CentraCare Hospice	(320) 259-9375	1-800-835-6610	<a href="http://www.centracare.com">www.centracare.com</a>
CHI Health at Home	(320) 631-5575		<a href="http://www.chihealthathome.com">www.chihealthathome.com</a>
Hospice of the Red River Valley		1-800-237-4629	<a href="http://www.hrrv.org">www.hrrv.org</a>
Knute Nelson	(320) 732-3110		<a href="http://www.knutenelson.org">www.knutenelson.org</a>
Lakewood Health System Home Care	(218) 894-8080	1-800-525-1033	<a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>

## WADENA COUNTY

Knute Nelson	(218) 632-1335		<a href="http://www.knutenelson.org">www.knutenelson.org</a>
Lakewood Health System Home Care	(218) 894-8080	1-800-525-1033	<a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>

## WRIGHT COUNTY

Accent Care Fairview Hospice	(612) 728-2455		<a href="http://www.accentcare.com">www.accentcare.com</a>
Allina Home & Community Services	(651) 635-9173	1-800-261-0879	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
Brighton Hospice	(952) 856-2212		<a href="http://www.brightonhospice.com">www.brightonhospice.com</a>
CentraCare Hospice	(320) 259-9375	1-800-835-6610	<a href="http://www.centracare.com">www.centracare.com</a>
CHI Health at Home	(320) 631-5575		<a href="http://www.chihealthathome.com">www.chihealthathome.com</a>
Ecumen of Litchfield Hospice	(320) 373-6607	1-877-311-4997	<a href="http://www.ecumenoflitchfield.org">www.ecumenoflitchfield.org</a>
Interim Health Care-Hospice	(651) 917-3634		<a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>
Mary T. Inc. Hospice	(763) 772-9963		<a href="http://www.marytinc.com">www.marytinc.com</a>
Moments Hospice	(763) 205-3600		<a href="http://www.momentshospice.com">www.momentshospice.com</a>
North Memorial Home & Community Services	(763) 581-8181		<a href="http://www.northmemorial.com">www.northmemorial.com</a>
ProMedica	(320) 654-1136	1-866-231-5695	<a href="http://www.promedica-hospice.org">www.promedica-hospice.org</a>
Ridgeview Home Care & Hospice	(952) 442-6030	1-800-967-4751	<a href="http://www.ridgeviewmedical.org">www.ridgeviewmedical.org</a>
St. Croix Hospice		1-855-278-2764	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>
Trinity Home Health & Hospice	(763) 241-0654		<a href="http://www.triniticaring.org">www.triniticaring.org</a>



# Emergency Response Systems

*Provides automatic response to medical or other emergencies via electronic monitors. A signaling device is worn by the user and activates an attachment on the telephone. (Systems will vary.)*

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Accent Care Fairview Health Alert (952) 885-6185			★		★					★				★
ADT 1-877-258-6428	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Alert1 1-800-693-5433	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Adapt Health MN (763) 684-3840	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Alternative Senior Care (320) 763-7627								★			★	★		
Anodyne, Inc. (952) 546-5334	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Bay Alarm 1-877-522-9633	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Best Buy Health 1-888-557-4462	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Blue Star Senior Tech 1-800-300-1724	★	★	★	★	★	★	★	★	★	★	★	★	★	★
CentraCare - Medical Alert Service (320) 255-5700 / 1-800-835-6652, ext. 55700	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Central MN Alarms 1-800-450-7720	★							★		★	★	★		
CHI St. Gabriel's Health (320) 631-5432								★						
Country Manor (320) 253-3343	★									★	★			
Cybermation (320) 255-7027	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Distinctive Stores 1-800-953-5211	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Dungarvin Minnesota (651) 699-6050	★		★		★					★				★
Family Care Medical Alarms 1-877-893-2140	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Freedom Alert 800-953-5211	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Guardian Medical Monitoring 888-349-2400	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Jackson Medical Equipment (651) 645-6221	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Knute Nelson Home Care & Hospice (320) 759-1267	★	★		★			★	★			★	★	★	
Life Alarm Services 1-800-780-5433	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Life Alert 1-800-338-9090	★	★	★	★	★	★	★	★	★	★	★	★	★	★
LifeFone 1-800-882-2280	★	★	★	★	★	★	★	★	★	★	★	★	★	★
LifeStation 1-800-554-4600	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Lively 1-866-829-4527	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Livewell Alert 1-888-358-6667	★	★	★	★	★	★	★	★	★	★	★	★	★	★

## Emergency Response Systems Continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
LogicMark 1-800-519-2419	★	★	★	★	★	★	★	★	★	★	★	★	★	★
MedGuard Alert, Inc. 1-800-716-1433	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Medical Guardian 1-800-668-9200	★	★	★	★	★	★	★	★	★	★	★	★	★	★
MedicAlert Foundation 1-800-432-5378	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Medscope America 1-800-645-2060	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Mercarik, Inc. (651) 270-8871	★	★	★	★	★	★	★	★	★	★	★	★	★	★
MobileHelp 1-800-800-1710	★	★	★	★	★	★	★	★	★	★	★	★	★	★
My Personal Response Corp (305) 307-5825	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Night Owl Support Systems 1-877-559-1642	★	★	★	★	★	★	★	★	★	★	★	★	★	★
North Central Medical Supply & Equipment (218) 825-7331	★	★	★	★	★	★	★	★	★	★	★	★	★	★
One Call Alert 1-800-994-2095	★	★	★	★	★	★	★	★	★	★	★	★	★	★
P.A.L. Medical System 1-800-852-6575	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Philips Lifeline 1-800-380-3111	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Prime Medical Alert 1-800-723-6442	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Response Now 1-866-795-4321	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Rescue Alert 1-800-688-9576	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Sengistix (651) 695-5818	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Senior Safety 1-888-473-2800	★	★	★	★	★	★	★	★	★	★	★	★	★	★
United Security Systems (218) 832-0456				★										
Valued Relations, Inc (VRI) 1-800-860-4230	★	★	★	★	★	★	★	★	★	★	★	★	★	★
WH Security-Med Alert (763) 477-3664										★	★			★

# Caregiver & Support Services

**CAREGIVER CONSULTANTS** - Individualized support service that equips caregivers with the knowledge, skills, tools, and support to perform their caregiving role. Consultants complete a comprehensive assessment of caregiver and care receiver and assist the caregiver to develop and implement a customized care plan.

ALS-Lou Gehrig's Disease Association	(612) 672-0484	1-888-672-0484
Alzheimer's Association - Statewide		1-800-272-3900
Assumption Community Faith in Action – St. Cloud Metro, Stearns	(320) 348-2322	
Central MN Dementia Community Action Network	(320) 640-6726	
Family Pathways – Chisago, Isanti	(320) 364-9152 / (651) 257-7905	
Family Pathways – Kanabec, Mille Lacs, Pine	(320) 364-3526 / (651) 257-7905	
Helping Hands Outreach – Holdingford Area/St. Stephen	(320) 746-9960	
Horizon Health Faith in Action – Morrison	(320) 468-6451	1-800-224-6451
Lewy Body Dementia Support - Statewide	1-800-539-9767	
Minnesota Kinship Caregivers – Statewide	(651) 917-4640	1-877-917-4640
Senior Community Service - Southern Sherburne, Wright	(612) 770-7005	
Trualta - Online Caregiver Support	www.mncaregiving.org	
Virtual Caregiver Support - Statewide	(952) 767-7888	

## **SUPPORT SERVICES** - Statewide

Caregiver Virtual Support Group	(320) 348-2322	
MN Crisis Text Line - Mental health support	Text "MN" to 741741	
MN Suicide and Crisis Line	Call, Text, or Chat "988"	
MN Warmline	(651) 288-0400	1-855-warmline
Peer Support Connection	1-844-739-6369	
Wellness in the Woods - Virtual Peer Support Network	(218) 296-2067	
Veterans Caregiver Support	1-855-260-3274	
Virtual Caregiver Support	(320) 348-2322	

## **BENTON COUNTY**

Alcoholics Anonymous – Sauk Rapids	(320) 529-8838	
MS Support Group – Sartell		1-800-344-4867
St. Cloud Area Parkinson's Support Group – Sauk Rapids	(320) 258-7388	

## **CASS COUNTY**

Memory Café - Hackensack	(952) 220-1060	
Memory Café - Walker	(218) 547-6843	

## **CHISAGO COUNTY**

Caregiver Support Group – Chisago City	(651) 257-2713	
MHealth Fairview Lakes Medical Center - Wyoming	(651) 982-7000	
Parkinson's Support Group - Rush City	(320) 318-2725	

## **CROW WING COUNTY**

Alzheimer's Support Group – Brainerd & Baxter	(612) 868-7260	
Amputee Support Group - Brainerd	(218) 828-3691	
Baxter Memory Café	(218) 454-2121	
Better Breathing Respiratory Support Group - Crosby	(218) 545-5365	
Brain Injury & Stroke Support Group - Crosby	(651) 329-1373	
Cancer Support Group – Brainerd	(218) 828-3113	
Cancer Support Group – Crosby	(218) 546-4319	
Caregiver Support Group - Brainerd	(218) 828-5886	
Caregiver Support Group - Brainerd/Baxter	(218) 839-2869	
Caregiver Support Group - Crosby	(218) 545-8500	
Caregiver Support Group - Nisswa	(218) 829-9238	
Dementia Support Group - Brainerd		1-800-272-3900

# Caregiver & Support Services Continued

## CROW WING COUNTY continued

Diabetes Support Group – Brainerd	(612) 868-7260
Diabetes Support Group – Crosby	(218) 545-4491
Grief Support Group – Brainerd	(218) 828-7442
Grief Support Group – Crosslake	(218) 692-3731
Grief Support Group – Nisswa	(218) 967-8888
Mental Health Support Group - Crosby	(218) 833-6013
Parkinson’s Support Group – Brainerd	(218) 829-4017
Relationship Safety Alliance – Brainerd	(218) 828-1216
Veterans (LSS)	(218) 828-7379
Weight Management Support Group - Crosby	(218) 546-2327

## ISANTI COUNTY

Alzheimer’s Support Group – Cambridge	(763) 691-6172
Cambridge Medical Center-Allina Health	(763) 689-7700
Grief, Cancer, Stroke, Caregiver, Weight Loss, Brain Tumor & Parkinson’s Support Groups	
Cancer Support Education Group – Cambridge	(763) 688-8415
Caregiver Support Group – Cambridge	(763) 689-8811
Grief Support Group – Cambridge	(763) 688-9202
Memory Café & Caregiver Support Group - Cambridge	(320) 364-1115
Men’s & Women’s Cancer Support Group - Cambridge	(763) 688-8415

## KANABEC COUNTY

Diabetes Support Group – Mora	(320) 679-1313
Memory Café - Mora	(320) 364-1115
PFLAG (Parents, Families & Friends of Lesbians & Gays)	(320) 272-0069

## MILLE LACS COUNTY

Diabetes Support Group – Isle & Onamia	(320) 532-2337	
Connections Memory Café – Princeton	(763) 290-2228	
MS Support Group - Princeton	(763) 856-4975	1-800-344-4867
Pearl Crisis Center (Domestic Abuse & Sexual Violence)	(320) 982-2901	

## MORRISON COUNTY

Alzheimer’s Association	(320) 257-0699	
Caregiver Support Group – Little Falls & Pierz	(320) 468-6451	
Connections Memory Café & Dementia Support Group	(320) 468-6451	
Grief and Loss Support Group – Pierz	(320) 468-6451	
MS Support Group - Little Falls	(320) 360-6767	1-800-344-4867
PEARLS (Depression & Loneliness)	(320) 468-6451	
Relationship Safety Alliance	(218) 828-1216	

## PINE COUNTY

Diabetes Support Group – Pine City	(320) 679-1313
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## SHERBURNE COUNTY

Caregiver Support Group - Becker	(612) 590-2449
Caregiver Support Group - Big Lake	(763) 350-7401
Caregiver Support Group - Elk River	(763) 241-7682
Caregiver Support Group - Elk River	(612) 804-0968
Dementia Support Group - Becker	(612) 590-2449
Dementia Support Group - Becker	(612) 590-2449
Dementia Support Group - Elk River	(763) 270-3492
Parkinson’s Support Group - Big Lake	(763) 350-7401
Parkinson’s Support Group - Crow River Senior Center	(763) 497-8900
Traumatic Brain Injury	(763) 560-8331
Young Onset Parkinson’s Support Group - Big Lake	(763) 350-7401

# Caregiver & Support Services Continued

## STEARNS COUNTY

Alcoholics Anonymous – St. Cloud	(320) 204-6005	
Cancer Support Group – St. Cloud	(320) 229-5100	
Caregiver Support Group – Paynesville	(320) 243-5144	
Caregiver Support Group - Virtual	(320) 348-2322	
Dementia Support Group - Cold Spring	(320) 348-2322	
Dementia Caregiver Support Group - St. Cloud	(320) 640-6695	
Dementia Caregiver Support Group - Sartell	(320) 251-2600	
Dementia Support Group - St. Cloud	(612) 590-2449	
Depression/Bipolar/Mental Health Support Groups - St. Cloud	(320) 240-3324	
Grief/Bereavement Support Group - St. Cloud	(320) 229-5100	
Grief Support Group – St. Cloud	(320) 259-9375	
Grief Support Group – St. Cloud	(320) 654-1136	1-877-249-8836
Healing Series Support Group (Cancer Patients/Survivors/Caregivers)	(320) 229-5100	
Heart Failure Support Group – St. Cloud	(320) 470-0760	
Mended Hearts, Heart Disease Support Group – St. Cloud	(320) 255-5638	
Memory Loss Support Group for Caregiver & Care Receivers - St. Cloud	(320) 255-7245	
Music Therapy Support Group - Centracare St. Cloud	(320) 229-5100	
St. Cloud Area Parkinson's Support Group – Sauk Rapids	(320) 258-7388	
Stroke Support Group – St. Cloud	(320) 255-5994	
Thriving with Cancer Art Therapy - St. Cloud	(320) 229-5100	
Us Too Prostate Cancer Support Group – St. Cloud	(320) 259-1411	
WII/Korean/Veterans PTSD Support Group – St. Cloud	(320) 252-1670	

## TODD COUNTY

Dementia Caregiver Support Group – Lakewood Health, Staples	(218) 894-8851	
Domestic Abuse	(218) 828-1216	
Grief Education Support Group – Staples	(218) 894-8093	
Grief Support Group - Lakewood Health, Staples	(218) 894-8093	

## WADENA COUNTY

Diabetes/Grief/Suicide Loss/Caregiver/Memory Loss Support Groups	(218) 631-5528	
Tri-County Health System	1-800-631-1811	
Diabetic Support Group – Wadena	(218) 632-7113	
Domestic Abuse Support Group	(218) 828-1216	
Grief Support Group - Menahga		1-800-237-4629

## WRIGHT COUNTY

Cancer Support Group - Monticello	(763) 271-2800	
Caregiver Support Group - Buffalo	(612) 562-3943	
Caregiver Support Group - Monticello	(612) 804-0968	
Caregiver Support Group - St. Michael	(612) 804-0968	
Dementia Support Group - Albertville	(763) 270-3492	
Dementia Support Group - Otsego	(763) 270-3492	
Grief Share – Buffalo	(763) 682-1470	
MS Support Group - Monticello	(763) 295-8103	1-800-344-4867
Parkinson's Support Group – Delano	(763) 972-0574	
Parkinson's Support Group - St. Michael	(763) 497-8900	
Memory Café - St. Michael and Monticello	(612) 804-0968	
Stroke Support Group – Buffalo	(763) 684-7837	

# Transportation

## STATEWIDE

American Cancer Society-Road to Recovery	1-800-227-2345
Blue Plus Blue Ride (Medical Appointments)	1-866-340-8648
Care Cab/Care Transportation	1-800-535-7190
Delight Transportation (Metro)	(763) 286-3163
Edward's Safe Passage	1-800-674-9816
GoGoGrandparent	(855) 464-6872
Greyhound Bus Service	1-800-231-2222
Groome Airport Shuttles	(320) 316-0943
Health Partners enrollees	(952) 883-7400 / 1-888-288-1439
Humana Enrollees (Medical Appointments)	1-866-588-5122
Lakes Medi-Van, Inc.	1-800-422-0976
UCare Enrollees (Medical Appointments)	1-800-864-2157

## BENTON COUNTY

Assumption Community Faith in Action (St. Cloud Metro Area)	(320) 348-2322
Connex - Sartell	(320) 251-7433
Community Action Respecting Elders (CARE)	(320) 968-7848
Disabled American Veterans Transportation (Veterans Transport to VA Appointments)	(320) 252-1670
Helping Hands Outreach (Holdingford, Rice, St. Stephen)	(320) 746-9960
Mayo Ambulance (Non-emergency)	(320) 227-5200
Medical Transportation Management	1-866-467-1724
Northstar Link Commuter Bus	1-877-546-5010
Schu-Tran	(320) 968-7478
St. Cloud Metro Bus: General Information Dial-a-Ride	(320) 251-7433 (320) 251-1010
Tri-Cap Transportation	1-888-765-5597
Yellow Cab	(320) 251-5050

## CASS COUNTY

ACC Midwest	(320) 455-9200
Aide Home Health Care	(218) 546-6242
Brainerd & Crow Wing Public Transit	1-866-925-7433
Care Van – Lakewood Health System	(218) 894-8331
Cass County Senior Transportation Program	(218) 947-7530
Cass County Veterans Services Office (Veterans Transportation to VA Hospitals)	1-888-547-1340
Community Health Representatives (Serves Leech Lake Reservation)	(218) 335-4507 or 4508
Faith In Action for Cass County	(218) 675-5435
Freedom Express	(218) 616-2679
Leech Lake Band of Ojibwe Health Division	(218) 335-4507
Leech Lake Tribal Transit	1-800-442-3909
Schu-Tran	(320) 968-7478

## CHISAGO COUNTY

Alliance Transportation	(651) 207-5211
Arrowhead Transit	1-800-862-0175
Care Crew (North Wyoming Methodist Church)	(651) 462-4890
Chisago County Veterans Services Office (Veterans Transportation to VA Hospitals)	(651) 213-5605
Edward's Ride Care	(651) 728-4487
Life Spark Go!	1-888-375-5558
Lifts Transportation	1-888-469-7433
Linwood Senior Van	(651) 462-5565
Medical Transportation Management	1-866-467-1724

## CROW WING COUNTY

ACC Midwest	(320) 455-9200
Aide Home Health Care	(218) 546-6242
Brainerd & Crow Wing Public Transit	1-866-925-7433
Brainerd Area Taxi	(218) 828-1111
Care Van – Lakewood Health System	(218) 894-8331
Crosslake Cares	(218) 546-2333
Crow Wing County Veterans Services Office (Veterans Transportation to VA Hospitals)	1-866-507-1058
Freedom Express	(218) 616-2679
Grab-A-Cab	(218) 270-2992
Interfaith Volunteers	(218) 820-7454 or 1-877-245-7454
Peoples Express	1-800-450-0123

## ISANTI COUNTY

Arrowhead Transit	1-800-862-0175
Cambridge Cab	(763) 552-8294
Isanti County Veterans Services Office (Veterans Transportation to VA Hospitals)	(763) 689-3591
Lifts Transportation	1-888-469-7433
Medical Transportation Management	1-866-467-1724
Schu-Tran	(320) 968-7478

## KANABEC COUNTY

Kanabec County Veterans Services Office (Veterans Transportation to VA Hospital)	(320) 679-6380
Lifts Transportation	1-888-469-7433
Schu-Tran	(320) 968-7478
Select Transportation	(763) 267-5999
Timber Trails Public Transit	1-888-217-5222

# Transportation Continued

## MILLE LACS COUNTY

Aide Home Health Care	(218) 546-6242
Disabled American Veterans Transportation (Veterans Transportation to VA Appointments)	(320) 252-1670
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Mille Lacs Band of Ojibwe	(320) 532-7776
Mille Lacs County Veterans Services (Veterans Transportation to VA Hospital)	(320) 252-1670 ext. 6676
Tri-Cap Transportation	1-888-765-5597

## MORRISON COUNTY

A2B Transportation	(320) 753-6035
Aide Home Health Care	(218) 546-6242
Disabled American Veterans Transportation (Ambulatory Transport to VA Appointments)	(320) 252-1670 ext. 6676
Horizon Health Faith in Action	1-800-224-6451
Little Falls Taxi	(320) 632-4104
Peoples Express	1-800-450-0123
Tri-Cap Transportation	1-888-765-5597

## PINE COUNTY

Arrowhead Transit	(218) 879-7942
Attaboys' Taxi	(320) 245-5355 / 1-866-998-8294
Lifts Transportation	1-888-469-7433
Medical Transportation Management	1-866-467-1724
Pine County Health & Human Services (Medical Transportation)	1-800-450-7463
Pine County Veterans Services Office (Veterans Transportation to VA Hospitals)	(320) 216-4250

## SHERBURNE COUNTY

A2B Transportation	(320) 753-6035
Aide Home Health Care	(218) 546-6242
Assumption Community Faith in Action (St. Cloud Metro Area)	(320) 348-2322
Blue Button Transport	(612) 466-3785
CARE - Becker Area	(320) 968-7848
Christie Cab	(763) 913-4889
Country Care-A-Van	(320) 258-2273
Dial A Ride	(320) 251-1010
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Northstar Link Commuter Bus	1-877-546-5010
Schu-Tran	(320) 968-7478
Sherburne County Veterans Services Office (Veterans Transportation to VA Hospitals)	(763) 765-3100
St. Cloud Metro Bus: General Information	(320) 251-7433
Transportation Plus	(612) 888-8888
Tri-Cap Transportation	1-888-765-5597
Yellow Cab	(320) 251-5050

## STEARNS COUNTY

A2B Transportation	(320) 753-6035
Assumption Community Faith in Action	(320) 348-2322
Connex - Sartell	(320) 251-7433
Disabled American Veterans Transportation (Ambulatory Transport to VA Appointments)	(320) 252-1670 ext. 6676
Elite Transportation	(320) 259-4066
Elite Taxi	(320) 240-2999
Helping Hands Outreach (Holdingford, Rice, St. Stephen)	(320) 746-9960
Jefferson Lines	1-800-451-5333
Kozy Kab	(320) 248-1169
Medical Transportation Management	1-866-467-1724
Northstar Link Commuter Bus	1-877-546-5010
Patron Companies	(320) 345-5736
Peoples Express	1-800-450-0123
R.O.S.E. Center (Belgrade, Brooten, Paynesville)	(320) 243-5144
St. Cloud Metro Bus: General Information	(320) 251-7433
Dial-a-Ride	(320) 251-1010
Tri-Cap Transportation (Includes Sauk Centre City Bus)	1-888-765-5597
Veterans Transportation Services (Transportation to VA Appointments)	(320) 654-7622
Yellow Cab (St. Cloud Metro Area)	(320) 251-5050

## TODD COUNTY

ACC Midwest	(320) 455-9200
Care Van – Lakewood Health System	(218) 894-8331
Freedom Express	(218) 616-2679
Friendly Rider Public Transportation	(218) 631-5730
Peoples Express	1-800-450-0123
Rainbow Rider	1-800-450-7770
Todd County Veterans Services Office (Veterans Transportation to VA Hospitals)	(320) 732-4418
Todd County Social Services, Volunteer Driver Program	(218) 894-6300

## WADENA COUNTY

ACC Midwest	(320) 455-9200
Care Van – Lakewood Health System	(218) 894-8331
Freedom Express	(218) 616-2679
Friendly Rider Public Transportation	(218) 631-5730
Heartland Express	(218) 732-9328
Living At Home of the Park Rapids Area	(218) 732-3137
Peoples Express	1-800-450-0123
Wadena County Veterans Services Office (Veterans Transportation to VA Hospitals)	(218) 631-7617

# Transportation Continued

## WRIGHT COUNTY

A+ Taxi	(763) 295-8294
A2B Transportation	(320) 753-6035
ACC Midwest Transportation	(320) 455-9200
Blue Button Transport	(612) 466-3785
Christie Cab	(763) 913-4889
Cities Edge Transportation	1-800-418-4211
Disabled American Veterans Transportation (Veterans Transport to VA Appointments)	(320) 252-1670 ext. 6676
Great River Faith in Action (Parts of Wright County)	(763) 263-4277
Health Care Access/MA Transportation	1-866-467-1724

## WRIGHT COUNTY Continued

LOVE Inc Big Woods (Annandale, Buffalo, Hanover, Maple Lake)	(763) 682-2550
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Schu-Tran	(320) 968-7478
Trailblazer Transit Service	1-888-743-3828
Transportation Plus	612) 888-8888
Twin City Mobility, Inc.	(952) 435-5503
Wright County Community Action	(320) 963-6500
Yellow Cab	(320) 251-5050



# Home Health/Personal Care

*A variety of services can be provided in an effort to assist an older person to recover from an illness or hospitalization, or on an ongoing basis to assist with the activities of daily living. Services may include the following: assistance with bathing and personal care, medication management, meal preparation, light housekeeping, therapies, dressing changes and more.*

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
4 U Home Health Care (218) 326-0095		★		★				★	★			★	★	
A Chance to Grow (612) 789-1236			★		★	★			★	★				★
A+ Home Health Care, Inc. (952) 854-7760	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Accent Care Fairview Home Care - Princeton (763) 389-1923					★	★	★			★				★
Accent Care Fairview Home Care - Chisago City (651) 257-8850			★		★	★			★					
Access Infusion Health Care (Infusion Only) (320) 492-5951	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Accra Care - Brainerd (952) 935-3515	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Accurate Home Care (763) 633-3808 1-866-214-3800	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Adara Home Care (320) 255-1882 1-866-443-0092	★							★		★	★	★		
Adara Home Care, Inc. (763) 682-3005 1-888-250-1730					★	★	★			★				★
Advanced Medical Home Care, LLC (612) 267-6154			★		★				★	★				★
Aide Home Care (218) 546-6242		★		★			★			★				
All About Caring Home Care, Inc. (320) 358-0987 1-888-358-0987	★	★	★	★	★	★	★	★	★	★	★	★	★	★
All Good Home Care (320) 393-2406	★							★		★	★			★
All Home Caring (612) 378-1474 1-800-949-1474	★									★	★	★		
Allina Health Home Care Services (320) 234-5031 1-800-454-8616														★
Allina Health Home & Community Services (651) 635-9173 1-800-261-0879	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Alliance Health Care (320) 251-7111 1-800-548-0980	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Alternative Senior Care (320) 352-3350 1-866-352-3350		★						★			★	★	★	
Amerimed Home Care (952) 854-9071	★	★	★	★	★	★	★	★	★	★	★	★	★	★

## Home Health/Personal Care Continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Arise Home Health Care (320) 230-6348      1-855-274-7344	★									★	★			★
Assumption Home Care      (320) 685-4110											★			
Attain Home Care      (320) 420-1118	★					★	★		★	★	★			
Avalon Home Care      (763) 753-8658	★				★					★	★			★
Aveanna Home Health (320) 774-0777      1-888-480-7045	★			★		★	★	★		★	★	★		★
Aveanna Home Health - Brainerd      (218) 316-3444		★		★			★	★				★	★	
Aveanna Home Health - Minnetonka (952) 926-9808			★		★				★					
B's Home Care      (763) 689-8984			★		★	★	★		★					
Barnabas Home Health Care      (218) 829-0901		★		★				★						
Bayada Home Health Care      (612) 252-4590 (Complex Nursing, Extended Hours)	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Benton County Human Services (320) 968-5087      1-800-530-6254	★													
Care Planners Home Health Care (651) 645-9887 / (651) 645-1070	★	★	★	★	★	★	★	★	★	★	★	★	★	★
CareBuilders at Home      (612) 260-2273														★
Carefree Home Services (763) 422-9713      1-866-356-8406	★	★		★	★	★	★	★	★	★	★			★
Caring Hands Home Care (218) 837-5572      1-888-290-5572		★										★	★	
Caring Hearts at Home, LLC      (612) 272-4114														★
Caring Professionals Home Care (651) 789-2299      1-866-677-3669	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Cass County Health, Human & Vet Services (218) 547-1340		★												
CentraCare Home Health (320) 259-9375      1-800-835-6610	★						★	★		★	★	★		★
CenterWell Home Health (763) 416-0289      1-866-546-3733					★					★				★
Chisago County Health & Human Services (651) 213-5213			★											



## Home Health/Personal Care Continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Gentle Hands of Time - Cambridge (763) 552-4043			★		★	★	★		★					
Glacial Ridge Home Care (320) 634-2221											★			
Good Neighbor Home Health Care (218) 829-9238 1-888-221-5785		★		★										
Good Samaritan Society Home Care & Hospice (218) 963-9452 1-877-828-7016		★		★										
Good Shepherd Home Health Care (320) 259-3470	★									★	★			
Grattan Health Care, Inc. (218) 820-1326 1-800-470-1326	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Griswold Home Care (763) 270-0843			★		★				★	★				
Guaranteed Home Health Care, LLC (763) 710-5722			★		★					★				★
HealthMax Home Health Care (320) 300-4843 or (612) 521-2400	★						★			★	★			★
HealthNorth (320) 281-5311 1-888-535-5751	★	★	★	★	★	★	★	★	★	★	★	★	★	★
HealthStar 1-866-335-8868		★												
Healthy Foot Care, LLC (763) 232-6753														★
Heartland PCA, LLC Finlsayson (320) 233-0119										★				
Helping Hands Companions (763) 333-8606							★			★				★
Home Care Solutions (763) 231-9000	★		★		★		★			★	★			★
Home Health Care, Inc. (763) 417-8888			★		★					★	★			★
Home Instead Senior Care - Andover (763) 792-0041 1-866-689-0023			★		★					★				
Home Instead Senior Care - Brainerd (218) 824-0077 1-877-824-0077		★		★				★				★	★	
Home Instead Senior Care - St. Cloud (320) 258-3055 1-866-735-3055	★									★	★			★
Horizon Home Health (320) 468-2788 1-800-224-6451								★						
Home Watch Caregivers (320) 289-4497	★									★	★			★
In Home Personal Care (763) 546-1000	★		★		★				★	★	★			★
Independence Home Care (612) 978-0416										★				★



## Home Health/Personal Care Continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
My Brothers Keeper (952) 496-0157      1-877-496-0157	★	★	★	★	★	★	★	★	★	★	★	★	★	★
New Dimensions Home Health Care (218) 739-5856      1-800-395-9949		★									★	★		
NextStep Home Care, Inc. (320) 219-6425											★	★		
Nightingale Home Health Care (763) 545-3131      1-866-334-7776					★					★	★			
Northwoods Caregivers      1-888-534-4432		★												
Option Care (IV therapy only)      1-800-939-5666	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Perham Living Home Care (218) 347-1880													★	
Ridgeview Home Care & Hospice (952) 442-6030      1-800-967-4751														★
Right at Home      (763) 231-5720										★				★
Sanford Bemidji Home Care (218) 333-5665		★												
Senior Home Health Care, LLC (320) 774-3299	★									★	★			★
Signal Health Group      (763) 392-4655														★
Spectrum Home Care - St. Cloud (320) 229-7559	★										★			
SPOT Rehab & Home Health Care (320) 259-4151      1-888-404-7768	★							★		★	★			★
Symphony Senior Home Care (651) 330-3841			★		★									
Synergy Home Care      (763) 205-4440			★		★									
Tender Hearts Home Care (218) 385-3466      1-877-362-9784		★						★				★	★	
Todd County Health & Human Services (320) 732-4500      1-800-838-4066												★		
Touching Hearts      (763) 913-4779										★				
Trinity Home Health      (763) 241-0654	★				★	★	★			★	★			★
Veterans Affairs Medical Center (320) 252-1670      1-800-247-1739	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Visiting Angels - St. Cloud (320) 230-1140	★									★	★			★

# Nutrition/Meals

**FROZEN MEAL BUNDLE PACKS** - Frozen meals (10 meal bundles) for seniors aged 60 and older at distribution sites across Central Minnesota. **Contact Catholic Charities at (320) 229-4584.**

## **BENTON COUNTY**

Foley Area CARES - 2nd Monday - 11am-12pm  
321 6th Avenue, Foley, MN

## **CASS COUNTY**

Pillager Area Family Resource Center  
3rd Thursday - 12pm-1pm  
305 Fir Avenue W, Pillager, MN

## **CHISAGO COUNTY**

Sacred Heart Catholic Church - 3rd Tuesday - 11am-12pm  
425 S Frandsen Avenue, Rush City, MN

## **CROW WING COUNTY**

Salvation Army Worship Center - 1st Thursday - 11am-12pm  
208 S 5th Street, Brainerd, MN

Salem Lutheran Church - 3rd Monday, 11am-12pm  
21276 Archibald Road, Deerwood, MN

## **ISANTI COUNTY**

Braham Area Food Shelf - 3rd Tuesday - 1pm-2pm  
655 8th Street SW, Braham, MN

## **KANABEC COUNTY**

Ogilvie Museum - 1st Monday - 11am-11:30am  
102 N Hill Avenue, Ogilvie, MN

First Presbyterian Church - 1st Monday - 12pm-1pm  
551 Wood Street S, Mora, MN

## **MILLE LACS COUNTY**

Milaca Alliance Church - 1st Monday - 2pm-3pm  
12543 Hwy. 23, Milaca, MN

## **MORRISON COUNTY**

Franciscan Sister's, Little Falls  
2nd Friday - 8:30am-10am  
116 8th Avenue SE, Little Falls, MN

Pierz Fellowship Bible Church - 2nd Friday - 10:30am-11am  
12876 Hwy. 25, Pierz, MN

## **PINE COUNTY**

St. Mary's Catholic Church  
2nd Thursday - 10:00am-11:00am  
8115 Lake Street, Willow River, MN

Askov Community Center - 2nd Thursday - 11:30am-12:30pm  
6369 Kobmagergade, Askov, MN

Hinckley Community Center - 2nd Thursday - 1:00pm-2:00pm  
102 Dunn Avenue N, Hinckley, MN

## **STEARNS COUNTY**

Catholic Charities - St. Cloud Food Shelf Senior Day  
4th Tuesday - 2:30-4:00pm ONLY  
157 Roosevelt Road, St. Cloud, MN

## **TODD COUNTY**

Lakewood Health System (Senior Campus)  
3rd Thursday - 2pm-3pm  
401 Prairie Avenue NE, Staples, MN

Browerville Area Food Shelf - 4th Thursday - 10am-11am  
704 N Main Street, Browerville, MN

Harmony Apartments - 4th Thursday - 11:30am-12pm  
410 4th Avenue S, Long Prairie, MN

## **WADENA COUNTY**

Harmony Apartments - 1st Friday - 11:30am-12pm  
410 4th Avenue S, Long Prairie, MN

**For meals outside of these areas, call Senior LinkAge Line at 800-333-2433.**

**HOME DELIVERED MEALS** (HDM) - *Nutritious meals delivered to those who are homebound and cannot prepare meals regularly for themselves.*

**STATEWIDE**

Mom's Meals 1-866-204-6111  
 Homestyle Direct 1-866-735-0921

**BENTON COUNTY**

Catholic Charities (320) 229-4584  
 St. Cloud Hospital (320) 255-5646

**CASS COUNTY**

Cass Lake, Leech Lake Elderly Nutrition Program (218) 335-8316  
 Lutheran Social Service 1-800-488-4146

**CHISAGO COUNTY**

Catholic Charities (320) 229-4584  
 South Chisago, Parmly on the Lake (651) 257-0580

**CROW WING COUNTY**

Lutheran Social Service 1-800-488-4146

**ISANTI COUNTY**

Cambridge Senior Activity Center (763) 689-6555  
 Catholic Charities (320) 229-4584

**KANABEC COUNTY**

Catholic Charities (320) 229-4584

**MILLE LACS COUNTY**

Catholic Charities (320) 229-4584

**MORRISON COUNTY**

Lutheran Social Service 1-800-488-4146

**PINE COUNTY**

Catholic Charities (320) 229-4584

**SHERBURNE COUNTY**

Catholic Charities (320) 229-4584

**STEARNS COUNTY**

Catholic Charities (320) 229-4584  
 St. Cloud Hospital (320) 255-5646

**TODD COUNTY**

Lutheran Social Service 1-800-488-4146

**WADENA COUNTY**

Lutheran Social Service 1-800-488-4146

**WRIGHT COUNTY**

Catholic Charities (320) 229-4584  
 CentraCare - Monticello (763) 271-2336

**For meals outside of these areas, call Senior LinkAge Line at 800-333-2433.**



**SENIOR DINING/DINERS CLUBS** - *A well-balanced meal, may be served up to 5 days a week, in a group setting.*

**BENTON COUNTY**

Foley Senior Dining, Dewey Place Apts. (320) 333-6343

**CASS COUNTY**

Cass Lake/Leech Lake Elderly Nutrition Program (218) 335-8316

Heartland Apartment, Pine River (218) 587-2921

Walker Senior Dining (218) 547-4181

**CHISAGO COUNTY**

Chisago County Senior Center (651) 674-1956

Rush City Senior Center (320) 290-2253

**CROW WING COUNTY**

Crosslake Community Center (218) 692-4271

Dellwood & Edgewood Apartments, Crosby (218) 546-5943

Lakes Area Activity Center, Brainerd (218) 824-6026

Sibley Terrace Apartments, Pequot Lakes (218) 587-2921

**ISANTI COUNTY**

Braham Event Center (651) 674-1956

SAC's on 3rd, Cambridge (763) 689-6555

**KANABEC COUNTY**

Dala House Apartments, Mora (320) 679-4029

**MILLE LACS COUNTY**

Isle Senior Dining, Country Corner Cafe (763) 389-4602

Milaca, Park Apartments (320) 983-6158

Princeton Senior Dining, Crystal Court Apts. (763) 389-4602

**MORRISON COUNTY**

Countryside Café – Diners Club, Motley (218) 352-6777

Little Falls Senior Center (320) 632-8200

**MORRISON COUNTY continued**

Pierz Senior Center (320) 468-2160

Upsala Community Center (320) 573-2335

**PINE COUNTY**

Hinckley Senior Center (320) 384-6557

Pine City Senior Dining, Senior Center (320) 629-3024

**SHERBURNE COUNTY**

Big Lake - Coborn's (763) 441-6288

Elk River Senior Dining, Guardian Oaks Apts. (763) 441-6288

**STEARNS COUNTY**

Pond View Estates, Albany (320) 845-4070

Kimball Senior Dining, St Anne's Church (320) 342-9787

Green Roof Area Center, Paynesville (320) 243-4575

St. Cloud, Whitney Senior Center (320) 650-3065

**TODD COUNTY**

Eagle Bend Hilltop Senior Center (218) 738-5563

Staples Senior Center (218) 894-2556

**WADENA COUNTY**

Humphrey Manor Apartments, Wadena (218) 631-4053

Menahga Diners Club (218) 564-4858

Wadena Diners Club, Boondocks (218) 631-1353

**WRIGHT COUNTY**

Annandale Senior Dining (763) 290-2238

Cokato Senior Dining, Cokato Apts. (320) 963-5571

Maple Lake Senior Dining, Maple Manor West (320) 963-5771

St. Michael, Crow River Senior Center (763) 497-8900

**For meals outside of these areas, call Senior LinkAge Line at 800-333-2433.**

**For additional meals outside the 14-County area, call Senior LinkAge Line at 800-333-2433.**

**FOOD ASSISTANCE**

**Please Note:** For additional meal locations in Benton, Sherburne, Stearns and Wright counties, call Catholic Charities at (320) 229-4584 or toll-free 800-830-8254.

For additional meal locations in Cass, Crow Wing, Morrison, Todd, and Wadena counties, call Lutheran Social Service at 800-488-4146. There may be frozen meal delivery available.

**FAMILY PATHWAYS DOORSTEP DELIVERY – (651) 302-6651**

Serving: Chisago, Isanti, Kanabec, Mille Lacs, and Pine

**FARE FOR ALL – (763) 450-3880**

Non-profit, self-supporting food distribution program. Recipients are required to do some volunteer work for the discount food purchase program.

**GROCERY SHOPPING ASSISTANCE** may be provided by local providers such as Faith in Action Programs and Living at Home Block Nurse Programs.

**HELP AT YOUR DOOR – Isanti County - (651) 642-1892**

Non-profit organization that shops/delivers groceries to home-bound seniors.

**HOMESTYLE DIRECT – Home meal delivery. 1-866-735-0921**

**HUNGER SOLUTIONS MN – (651) 486-9860**

Statewide food information and referral helpline.

**INSTACART – 1-888-246-7822**

Provides grocery delivery and pick up from select stores. Serves various communities in Minnesota.

**MOM’S MEALS – 1-877-508-6667**

Meals delivered to your door.

**NUTRITION ASSISTANCE PROGRAM FOR SENIORS (NAPS) – 800-365-0270**

A program that provides food, monthly, to income eligible seniors. Communities Served: Albany, Becker, Big Lake, Brahm, Buffalo, Cambridge, Chisago Lake, Clarissa, Delano, Elk River, Foley, Hinckley, Little Falls, Long Prairie, Maple Lake, Montrose, North Branch, Paynesville, Pierz, Pine City, Rush City, St. Cloud, Sandstone, Sartell and Staples.

**RUBY’S PANTRY – (651) 674-0009**

Food pantry. Distributes surplus food and goods at various locations.

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) – 800-657-3698**

Helps low income people get food. Formerly known as “Food Stamps.”

**For information about food shelves, grocery delivery programs, and forms assistance, call Senior LinkAge Line at 800-333-2433.**

*This Resource for Seniors Directory is not intended to be a comprehensive listing of all service providers and programs. It is structured to provide an introduction to a variety of services and programs in an efficient manner.*

*This publication is supported by a grant from the MN Board on Aging.*

*Corrections and/or additions are appreciated and can be phoned or e-mailed to the Central MN Council on Aging at (320) 253-9349 or to [peggy@cmcoa.org](mailto:peggy@cmcoa.org).*

2023

