

# UNDERSTANDING STAGES OF DEMENTIA CAREGIVING AND ANTICIPATORY GRIEF WITH TAMI AND CRISTINA FROM VIVIE



MONDAY, 7/27/26 AT 10 AM-11:30 AM  
IN PERSON

WHITNEY SENIOR CENTER, 1527 NORTHWAY DR, ST. CLOUD



Understand Common Stages  
of Dementia Caregiving



Explore Anticipatory Grief



Learn how roles, responsibilities  
& Relationships change as  
disease progresses



Discuss feelings of loss,  
sadness, anger, or guilt that  
can arise while a loved one  
is still living.