



Join Us for this **FREE** Event!

# Dine & Discover

Hosted by the Chisago Age Well Coalition

with the assistance of Title III Grant from the Central Minnesota Council on Aging as part of the Older Americans Act. August Sponsor: Meadows on Fairview.

## Alzheimer's and Dementia: Diagnosis, Treatment, and Caregiver Support

*For older adults and caregivers*



**Rebecca Lyman,**  
MD Family  
Medicine  
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Health



**John Boston,**  
LNHA, LALD  
Administrator  
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**Lisa Lovering**  
Aging Services  
Outreach  
Family  
Pathways

## Thursday, Aug. 13, 2026

More than seven million Americans age 65 and older are living with Alzheimer's disease. One in three older adults dies with Alzheimer's or another dementia. Nearly 13 million Americans provide unpaid care for a family member or friend with dementia. Good news: The discovery of indicators, called biomarkers, has transformed diagnosis and helped identify dementia risk factors. New treatments slow the disease and allow those in early stages to maintain a more normal life. Our panel members will share current information on preventing, diagnosing, and treating Alzheimer's and dementia, and resources for caregivers. Questions welcome.

*(Check-in begins 30 minutes before each session.)*

**9 am - Chisago County Senior Center, 38790 Sixth Ave., North Branch**  
*Light breakfast served*

**12 noon - Zion Lutheran Church, 28005 Old Towne Rd., Chisago City**  
*Light lunch served.*

**3:30 pm - Rush City Community Center, 720 W 14th St, Rush City**  
*Afternoon appetizers served*

**Registration requested by Aug 7. Call 651-674-1025.**

**To register online:** Register through North Branch Community Ed.  
Click on QR code to go directly to registration page.



St. Croix HEALTH

